

Peoples Oakland

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PEOPLES
OAKLAND























Peoples Oakland Hours

Mon - Thurs: 9:30 am - 5 pm

Friday: 9:30 am - 4 pm

www.peoplesoakland.org

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 	3 	4 
5	6 	7 	8 	9 	10 	11
12	13 	14	15	16 	17 	18 
19	20 	21 	22 	23 	24 	25
26	27  CLOSED FOR MEMORIAL DAY	28 	29  In-Service Day Close @ 1 pm	30 	31 	

- 5/2** Deck Garden Prep Work - 10 am
Planning Team Meeting - 1 pm
- 5/3** Air Hockey & Ping Pong Tournament - 1 pm
- 5/4** Trader Jack's Flea Market: 9 am - 2 pm
- 5/6** Volleyball at ARC - 12:30 pm
- 5/7** Annual Community Care Recovery Conference
- 5/8** Mini-Social (Movie Double-Feature) - 1 pm
- 5/9** Deck Garden Planting - 10 am
Food Bank - 1 pm
- 5/10** Meditation & Recovery Group cancelled
Lunch & Shopping: 1 - 4 pm
- 5/13** Rogers/Gateway Clipper Trip Mtg. - 12 pm
Volleyball at ARC - 12:30 pm

- 5/16** Memorial Day Party! 12 pm 
(no groups/activities/Snack Shack)
- 5/17** Arts & Crafts with Carla - 1 pm
- 5/18** WPIC Cornhole Tournament Fundraiser - 11 am
- 5/20** Volleyball at ARC - 12:30 pm
- 5/21** New Member Social - 1 pm
House Meeting - 2 pm
- 5/22** Parks Conservancy Planting Day - 10 am
- 5/23** Pet Therapy: Caboose!
- 5/24** Scene 75 outing - 1 pm
- 5/28** Horse Therapy - 10 am
LOL Group - 1 pm
- 5/30** Flight 93 Memorial - 12 pm
- 5/31** Pool Tournament - 1 pm

	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 am	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
10:00 am	Meditation	Meditation	Meditation	Meditation	Meditation
10:30 am	Recovery Support Group	Recovery Support Group	Recovery Support Group	Recovery Support Group	Recovery Support Group
11:00 am	Anger Management	Healing From Trauma	Roots Group	Positive Thinking & Problem Solving	MISA: (10 th , 24 th) Grief Support Group: (3 rd , 17 th , 31 st)
12:00 pm	Monday Meal	Computer Class	Mental Health Dynamics	Women's Group	Creative Writing
1:00 pm	Open Gym		Open Gym		Open Gym + Movie Group/ Outings/ Tournaments:
2:00 pm	Bingo	Arts & Crafts	Arts & Crafts	Bingo	{ please see } { reverse side }
3:00 pm	Meditation		Meditation	Meditation	Meditation
4:00 pm	