

## Peoples Oakland

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PEOPLES  
OAKLAND

## Peoples Oakland Hours









Monday - Thursday: 10 am - 5 pm

Friday: 10 am - 4 pm

[www.peoplesoakland.org](http://www.peoplesoakland.org)

[www.facebook.com/peoplesoakland](https://www.facebook.com/peoplesoakland)

# July 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5  Closed	6	7	8 	9	10
11	12	13	14	15 	16 	17
18	19	20 	21	22 	23	24
25	26	27	28	29 	30 	31

7/8 Nature Walk - 1 pm


7/15 Planning Team Mtg. - 1 pm  
Gateway Clipper Trip: 6 - 9 pm

7/16 Arts & Crafts with Carla

7/20 New Member Social - 12 pm  
House Meeting - 1 pm

7/22 Pet Therapy

7/29 Close at 1 pm (In-Service Day)

7/30 Luau Party! 

## Welcome Back, Everyone!

We've missed you and look forward to seeing you again!

#WeArePeoplesOakland

**Cultivating a Culture of Love**  
Hope | Integrity | Respect  
Empathy | Humility

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>10:00 am - 10:30 am</b>	Meditation Group	Meditation Group	Meditation Group	Meditation Group	Meditation Group
<b>10:30 am - 11:00 am</b>	Recovery Group	Recovery Group	Recovery Group	Recovery Group	Recovery Group
<b>11:00 am - 12:00 pm</b>	DBT Skills Group	Men's Group	Women's Group	CBT Skills Group	Creative Writing
<b>12:00 pm - 1:00 pm</b>		Arts & Crafts			Arts & Crafts
<b>1:00 pm - 2:00 pm</b>	Bingo		Bingo		<b>Cornhole Tournament:</b> 1st Fri. of Month  <b>Movie Group:</b> 2nd Fri. of Month  <b>Pool Tournament:</b> 4th Fri. of Month
<b>2:00 pm - 3:00 pm</b>	Virtual Group	Virtual Group	Virtual Group  Wii/Xbox Tournament	Virtual Group	Virtual Group  <b>Cornhole Tournament:</b> 1st Fri. of Month  <b>Movie Group:</b> 2nd Fri. of Month  <b>Pool Tournament:</b> 4th Fri. of Month
<b>3:00 pm - 4:00 pm</b>	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym