

Peoples Oakland
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Hours:


Monday - Friday: **8:30 am - 4 pm**

www.peoplesoakland.org

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April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> CLOSED Easter Holiday	<i>2</i> Walking Group 12 pm - 1 pm (Kiara) Planning Team Mtg. 1 pm (Alli)	<i>3</i> Bowling Outing: Leave at 12 pm (Andrea)	<i>4</i>	<i>5</i> Cooking Class: 12 pm (Joel)	<i>6</i>
<i>7</i>	<i>8</i>	<i>9</i> Walking Group 12 pm - 1 pm (Andrea)	<i>10</i> Sports @ Mon Yough: Leave at 12:15 pm (Josh)	<i>11</i>	<i>12</i> Cooking Class: 12 pm (Brayden)	<i>13</i>
<i>14</i>	<i>15</i> Rogers Trip Mtg. 12 pm (Wilma)	<i>16</i> New Member Social, House Mtg., Open Mic All beginning at 12 pm	<i>17</i> Member Gala Committee Mtg. 10 am (Alli)	<i>18</i>	<i>19</i> Member Panel: 11 am (Andrea) Pool Tournament: 12 pm (Brayden) *No Bingo	<i>20</i>
<i>21</i>	<i>22</i>	<i>23</i> CLOSED Primary Election - Site used as Polling Place	<i>24</i> CLOSE at 1 pm Staff In-Service	<i>25</i>	<i>26</i> Earth Day / Intern Celebration: 12 pm - 3 pm (No Groups or Snack Shack)	<i>27</i>
<i>28</i>	<i>29</i>	<i>30</i> Walking Group 12 pm - 1 pm (Brayden or Josh)				

	Monday (Josh)	Tuesday (Joel)	Wednesday (Kiara)	Thursday (Andrea)	Friday (Brayden)
8:30 am	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
11:00 am - 11:15 am	Meditation <i>(Chloe or Kiara)</i>	Meditation <i>(Grace or Josh)</i>	Meditation <i>(Carol or Andrea)</i>	Meditation <i>(Racheal or Brayden)</i>	Meditation <i>(Ana or Kiara)</i>
11:15 am - 12:00 pm	Recovery Group <i>(Racheal or Kiara)</i>	Recovery Group <i>(Brayden or Josh)</i>	Recovery Group <i>(Racheal or Andrea)</i>	Recovery Group <i>(Sarah or Brayden)</i>	Recovery Group <i>(Angelique or Kiara)</i>
12:00 pm	Creative Writing <i>(Andrea)</i>	Walking Group <i>(see front)</i>	Chair Yoga <i>(Angelique)</i>	Managing My Emotions <i>(Brayden)</i>	
1:00 pm				Arts & Crafts with Jason	
2:00 pm	Bingo <i>(2 pm - 2:30 pm)</i>	Bingo <i>(2 pm - 2:30 pm)</i>	Bingo <i>(2 pm - 2:30 pm)</i>	Bingo <i>(2 pm - 2:30 pm)</i>	Bingo <i>(2 pm - 2:30 pm)</i>
3:00 pm					
4:00 pm	<p>Stop in to say 'Hi,' be with friends, grab a calendar!</p> <p>Please Note: Groups will be run so long as at least two (2) members attend.</p> <p><i>See Brayden for the Health Challenge - Feel Good & Win Prizes!</i></p> <p>Thank you!</p>				