

Peoples Oakland
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Hours:


Monday - Friday: **8:30 am - 4 pm**

www.peoplesoakland.org

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May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<i>1</i> Miniature Golf Outing: Leave at 12 pm (Josh)	<i>2</i>	<i>3</i> Cooking Class: 12 pm (Joel)	<i>4</i>
<i>5</i>	<i>6</i>	<i>7</i> Walking Group 12 pm - 1 pm (Kiara) Planning Team Mtg. 1 pm (Alli)	<i>8</i> Sports @ Mon Yough: Leave at 12:15 pm (Josh)	<i>9</i> Deck Garden Flower Planting Day (Andrea / Any & All!)	<i>10</i> Cooking Class: 12 pm (Brayden)	<i>11</i>
<i>12</i>	<i>13</i> Rogers Trip Mtg. 12 pm (Wilma)	<i>14</i> Walking Group 12 pm - 1 pm (Andrea)	<i>15</i> S'mores on the Grill (Joel)	<i>16</i>	<i>17</i>	<i>18</i>
<i>19</i>	<i>20</i>	<i>21</i> New Member Social, House Mtg., Open Mic All beginning at 12 pm	<i>22</i> Member Gala Committee Mtg. 10 am (Alli) Sports @ Mon Yough: Leave at 12:15 pm (Josh)	<i>23</i>	<i>24</i> Pool Tournament: 12 pm (Brayden) *No Bingo	<i>25</i>
<i>26</i>	<i>27</i> CLOSED Memorial Day Holiday	<i>28</i> Walking Group 12 pm - 1 pm (Brayden or Josh)	<i>29</i> CLOSE at 1 pm Staff In-Service	<i>30</i>	<i>31</i> Memorial Day Celebration: 12 pm - 3 pm (No Groups or Snack Shack)	

	Monday (Josh)	Tuesday (Joel)	Wednesday (Kiara)	Thursday (Andrea)	Friday (Brayden)
8:30 am	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
11:00 am - 11:15 am	Meditation (Kiara)	Meditation (Josh)	Meditation (Andrea)	Meditation (Brayden)	Meditation (Kiara)
11:15 am - 12:00 pm	Recovery Group (Kiara)	Recovery Group (Josh)	Recovery Group (Andrea)	Recovery Group (Brayden)	Recovery Group (Kiara)
12:00 pm	Creative Writing (Andrea)	Walking Group (see front)		Managing My Emotions (Brayden)	
1:00 pm				Arts & Crafts with Jason	
2:00 pm	Bingo (2 pm - 2:30 pm)	Bingo (2 pm - 2:30 pm)	Bingo (2 pm - 2:30 pm)	Bingo (2 pm - 2:30 pm)	Bingo (2 pm - 2:30 pm)
3:00 pm					

4:00 pm

Stop in to say 'Hi,' be with friends, grab a calendar!
Please Note: Groups will be run so long as at least two (2) members attend.
See Brayden for the Health Challenge - Feel Good & Win Prizes!

Thank you!