

Peoples Oakland
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Hours:


Monday - Friday: 8:30 am - 4 pm

www.peoplesoakland.org

www.facebook.com/peoplesoakland

August 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Cooking Class: 12 pm (Brayden)	3
4	5	6 Walking Group 12 pm - 1 pm (Kiara) Planning Team Mtg. 1 pm (Joel)	7 Sports @ Mon Yough: Leave at 12:15 pm (Josh)	8 Gateway Clipper: (Wilma)	9 Cooking Class: 12 pm (Joel)	10
11	12	13 Walking Group 12 pm - 1 pm (Andrea)	14 Beach Day at Moraine State Park Leave at 10 am (Josh & Kiara)	15	16 Member Panel Training: 12 pm (Andrea)	17
18	19	20 New Member Social, House Mtg., Open Mic All beginning at 12 pm	21 Sports @ Mon Yough: Leave at 12:15 pm (Josh)	22	23 Pool Tournament: 12 pm (Brayden) *No Bingo	24
25	26	27 Walking Group 12 pm - 1 pm (Brayden or Josh)	28 CLOSE at 1 pm Staff In-Service	29	30 Ice Cream Social: 12 pm - 3 pm (No Groups or Snack Shack)	31

	Monday (Josh)	Tuesday (Joel)	Wednesday (Kiara)	Thursday (Jen)	Friday (Brayden)
8:30 am	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
11:00 am - 11:15 am	Meditation (Jen)	Meditation (Josh)	Meditation (Andrea)	Meditation (Brayden)	Meditation (Kiara)
11:15 am - 12:00 pm	Recovery Group (Jen)	Recovery Group (Josh)	Recovery Group (Andrea)	Recovery Group (Brayden)	Recovery Group (Kiara)
12:00 pm	Creative Writing (Jen)	Walking Group (see front)		Managing My Emotions (Brayden)	
1:00 pm				Arts & Crafts with Jason	
2:00 pm	Bingo (2 pm - 2:30 pm)	Bingo (2 pm - 2:30 pm)	Bingo (2 pm - 2:30 pm)	Bingo (2 pm - 2:30 pm)	Bingo (2 pm - 2:30 pm)
3:00 pm					

Stop in to say 'Hi,' be with friends, grab a calendar!

Please Note: Groups will be run so long as at least two (2) members attend.

See Brayden for the Health Challenge - Feel Good & Win Prizes!

Thank you!