

🌿 Mental Health Awareness Month 🌿

At Peoples Oakland, we are committed to creating a **Culture of Love**, grounded in our core values of **Hope, Integrity, Respect, Empathy, and Humility**. Through a peer-driven, recovery-focused approach, we empower adults living with serious mental illness in Allegheny County to heal, grow, and thrive.

We offer three core programs—**Social Rehabilitation, Psychiatric Rehabilitation, and Reentry Support**—each designed to meet individuals where they are on their recovery journey. Our services include:

Social & Recreational Activities

- Community outings, arts & crafts, fitness, games, and more—fostering connection and wellness.

Psychiatric Rehabilitation Services

- Members build on their strengths to reach goals in living, learning, working, and socializing.

Reentry Services (Bridging the Gap)

- Mental health and community support for individuals with chronic mental illness returning to the community after incarceration.

Therapeutic & Recovery Support

- Peer counseling, crisis intervention, daily recovery groups, and targeted mental health support.

Employment Assistance Program

- In-house job training, resume development, interview coaching, and linkage to benefits counseling.

Resource Coordination

- Help with housing, obtaining IDs, applying for SSI/SSDI, accessing healthcare, and more.

At Peoples Oakland, we believe in second chances, genuine connection, and the power of lived experience. Our services are designed to uplift individuals as they reclaim their independence and rebuild their lives.

♥ **Together, we heal. Together, we thrive.**

Learn more or donate at www.peoplesoakland.org

**#MentalHealthAwarenessMonth #PeoplesOakland #WeArePeoplesOakland #EndTheStigma
#PeerSupportWorks #SupportRecovery #CommunityHealing**