

Peoples Oakland
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www.peoplesoakland.org



Hours

Monday - Friday:
8:30 am - 4:00 pm

Information & Weather Hotline:
412-683-7140 x 239

www.facebook.com/
peoplesoakland

December 2025

*** Please see reverse side for the Daily Schedule!**

Mon	Tue	Wed	Thu	Fri
1 Scrabble Tournament 11 am (For Fun, No Prizes)	2 Healing & Healthy Relationships Group 1 pm	3 Pajamas & Pancakes + Holiday Activities! 10 am - 2 pm	4	5 CLOSED Staff Holiday Luncheon
8 Connect 4 Tournament 11 am (For Fun, No Prizes)	9 Healing & Healthy Relationships Group 1 pm	10 Music Jam Open Session 11 am	11	12 Pool Tournament 12 pm *No Bingo
15	16 Cooking Group: 10 am House Meeting: 12 pm <i>* Reviewing Program Calendars for Jan/Feb/Mar 2026</i> Open Mic: 1 pm	17	18 Party Prep 10 am - 12 pm Party Decorating 3 pm - 4 pm	19 Holiday Celebration 12 pm - 3 pm * Piano performance by Carla (No Groups, Bingo, Pool, Snack Shack)
22	23 Healing & Healthy Relationships Group 1 pm	24	25 CLOSED Christmas Holiday	26 CLOSED Christmas Holiday
29 Prep for Lunch & Learn 11 am Winter Holidays 12 pm	30 Healing & Healthy Relationships Group 1 pm	31 Peer Led Member Welcome Team Outreach 10 am - 11 am Peer Led Meet-Ups Planning Group (Intern Support) 11 am - 12 pm CLOSE at 12 pm Staff In-Service	* CALENDARS ARE SUBJECT TO CHANGE For the most up to date revision, please see our website or stop in for a copy. Thank You! Note: Thur., January 1st: CLOSED for New Year Holiday	

	Monday	Tuesday	Wednesday	Thursday	Friday
Drop-In Coordinator: Drop-In Support Staff:	<i>Jen</i> <i>Wilma/Interns</i>	<i>Jen</i> <i>Brayden</i>	<i>Jen</i> <i>Josh</i>	<i>Jen</i> <i>Joel</i>	<i>Jen</i> <i>Andrea</i>
8:30 am (Open)	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
9:00 am	Current Events	Current Events	Scrapbook Memory Albums & Lifebooks	Current Events	Current Events
10:00 am	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group
11:00 am	Health Challenge Check In + Movement & Dance	Life Skills	Thoughts, Feelings & Coping Skills w/ Interns Lauren, Chloe, Megan	Arts & Crafts	Theater Group w/ Intern Megan
12:00 pm				Peer Led: Walking Group	Fun & Games
12:30 pm - 1:00 pm	Meditation & Affirmations	Meditation & Affirmations	Meditation & Affirmations		
1:00 pm	Social Skills		Peer Led: Resource Sharing & Networking, Advocacy/Volunteer/ Fundraising Activity Planning		
2:00 pm	Bingo	Bingo	Bingo	Bingo	Bingo *only if games are finished
3:00 pm	Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat
4:00 pm (Close)	Please get home safe for a good evening. See you again soon!				