

Peoples Oakland
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www.peoplesoakland.org



Hours

Monday - Friday:
8:30 am - 4:00 pm

Information & Weather Hotline:
412-683-7140 x 239

www.facebook.com/
peoplesoakland

October 2025

*** Please see reverse side for the Daily Schedule!**

Mon	Tue	Wed	Thu	Fri
* CALENDARS ARE SUBJECT TO CHANGE For the most up to date revision, please see our website or stop in for a copy. Thank You!		1 Carlów Nursing Students Meet & Greet! 10 am - 12 pm	2	3 CLOSE at 12 :30pm Annual Benefit Event
6	7 Healing & Healthy Relationships Group 1 pm	8 Simmons Farm Outing *details TBD	9	10 Corn Hole Tournament 12 pm (For Fun, No Prizes) <i>World Mental Health Day</i>
13 CLOSED Indigenous Peoples Day	14 Healing & Healthy Relationships Group 1 pm	15 Tie Dye Shirt Making 12 pm	16	17 CLOSED (for members/program) Pitt Day of Caring
20	21 Cooking Group: 10 am House Meeting: 12 pm * <i>National Disability Employee Awareness Month, Member Employee Recognition</i> * <i>Fire Drill</i> Open Mic: 1 pm	22	23	24 Pool Tournament 12 pm *No Bingo
27 Prep for Lunch & Learn 11 am Lunch & Learn: Voter Education 12 pm	28 Pittsburgh Incline Outing *details TBD	29 Peer Led Member Welcome Team Outreach 10 am - 11 am Peer Led Meet-Ups Planning Group (Intern Support) 11 am - 12 pm CLOSE at 12 pm Staff In-Service	30 Party Prep 10 am - 12 pm Party Decorating 3 pm - 4 pm	31 Halloween Party 12 pm - 3 pm <i>"Thriller Dance Performance"</i> (No Groups, Bingo, Pool, Snack Shack)

	Monday	Tuesday	Wednesday	Thursday	Friday
Drop-In Coordinator:	<i>Jen</i>	<i>Jen</i>	<i>Jen</i>	<i>Jen</i>	<i>Jen</i>
Drop-In Support Staff:	<i>Wilma/Interns</i>	<i>Brayden</i>	<i>Josh</i>	<i>Joel</i>	<i>Andrea</i>
8:30 am (Open)	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
9:00 am	Current Events	Current Events	Scrapbook Memory Albums & Lifebooks	Current Events	Current Events
10:00 am	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group
11:00 am	Health Challenge Check In + Movement & Dance *for October, rehearsing to perform "Thriller" at Halloween Party (Lauren)	Life Skills	Thoughts, Feelings & Coping Skills w/ Interns Lauren, Chloe, Megan	Arts & Crafts	Theater Group w/ Intern Megan
12:00 pm				Peer Led: Walking Group	Fun & Games
12:30 pm - 1:00 pm	Meditation & Affirmations	Meditation & Affirmations	Meditation & Affirmations		
1:00 pm	Social Skills		Peer Led: Resource Sharing & Networking, Advocacy/Volunteer/ Fundraising Activity Planning		
2:00 pm	Bingo	Bingo	Bingo	Bingo	Bingo *only if games are finished
3:00 pm	Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat	Snack & Chat
4:00 pm (Close)	Please get home safe for a good evening. See you again soon!				