



## FEBRUARY 2026 "Celebrating Black History Month With You!"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 1:00pm Painting with Jane	3 1:00pm Healing and Healthy Relationships Support Group	4 World Cancer Awareness Day	5 1:00pm Social Skills Practice Group  <b>*ROLLER SKATING OUTING*</b>	6 Member Employee Time Sheets Due
9 1:00pm Winter Olympics Watch Party (NBC)	10 1:00pm Seasonal Affective Disorder Support Group	11	12 1:00pm PO Newsletter Production Meeting  \$Member Employee Payday	13
16 <b>Closed Presidents' Day</b>	17 11 - Lunch & Learn "Coping With Cancer" with Cancer Caring Center Noon - House Mtg 1:00pm Open Mic	18 <b>*BOWLING OUTING*</b>	19 1:00pm Understanding and Expressing Your Emotions Practice Group	20 Noon Pool Tournament  Member Employee Time Sheets Due
23	24 1:00pm Winter Hygge "Flavored Butter"	25	26 1:00pm Party Food Prep  3:00pm Party Decorating  \$Member Employee Payday	27 Noon-3:00pm Recovery Dance & Awards Party, crafts with Carla

\*For the Most Up-To-Date calendar, check our website or stop in! Daily activities may change based on program needs.

Start saving early this year for our favorite annual big trips: Rogers Flea Market & Gateway Clipper Cruise!

**PEOPLES OAKLAND 3433 BATES STREET PITTSBURGH PA 15213 MONDAY – FRIDAY 8:30AM-4:00PM**  
**PHONE 412-683-7140 INFORMATON & WEATHER HOTLINE 412-683-7140 x 239 FAX 412-683-7138**  
**[WWW.PEOPLESOAKLND.ORG](http://WWW.PEOPLESOAKLND.ORG) [WWW.FACEBOOK.COM/PEOPLESOAKLAND](http://WWW.FACEBOOK.COM/PEOPLESOAKLAND)**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30AM			<b>OPEN</b>		
			Breakfast Club volunteer Help is appreciated to set-up!		
			*Regular Groups may be cancelled when special activities are on the calendar		
9:00AM	Journal Skills Practice Group	Virtual Travel & Tours Club	Jigsaw Puzzle Club	Adult Continued Learning Club: January – Star Signs February – American Sign Language March – Reading	Current Events Club
10:00AM	Morning Peer Support Open Group	Morning Peer Support Open Group	Morning Peer Support Open Group	Morning Peer Support Open Group	Morning Peer Support Open Group
11:00AM	Workout Club with Jason	Pool Players Club	Ping Pong Club	Wii Bowling Club	Dance Club
Noon	Meditations & Affirmations Group	Meditations & Affirmations Group	Meditations & Affirmations Group	Meditations & Affirmations Group	Meditations & Affirmations Group 3 <sup>rd</sup> Fridays, Pool Tournament 4 <sup>th</sup> Fridays, Party
1:00PM	Arts & Crafts Club Or Yugio Cards Club (must bring your own cards)	1 <sup>st</sup> – Healing & Healthy Relationships Support Group 2 <sup>nd</sup> – Seasonal Affective Disorder Support Group 3 <sup>rd</sup> – Open Mic 4 <sup>th</sup> – Winter Hygge 5 <sup>th</sup> – Mystery Scavenger Hunt	Theater Club with Ray	1 <sup>st</sup> – Social Skills Practice 2 <sup>nd</sup> – PO Newsletter Production Mtg 3 <sup>rd</sup> – Understanding & Expressing Your Emotion Skills Practice 4 <sup>th</sup> – Party Food Prep	Music Appreciation Club
2:00PM	Bingo Club	Bingo Club	Bingo Club	Bingo Club	Bingo Club
3:00PM	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group
3:30PM	Volunteer Help is appreciated to clean-up and prepare for the next day!				
4:00PM	<b>CLOSED</b>				