



JANUARY 2026 “Celebrating a New Year With You!”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Closed, New Year's Day \$Member Employee Payday	2
5 *Holiday un-decorating, put up winter season decorations 1:00pm Painting with Jane	6 1:00pm Healing and Healthy Relationships Support Group	7 Noon Member Meals	8 1:00pm Social Skills Practice Group *BOWLING OUTING*	9 Member Employee Time Sheets Due
12	13 1:00pm Seasonal Affective Disorder Support Group	14 Noon Member Meals	15 1:00pm PO Newsletter Production Meeting \$Member Employee Payday	16
19 Closed Dr. Rev. Martin Luther King Jr. Day	20 11 - Lunch & Learn “Braille Literacy Month: Braille & Self-Esteem” with Terri Noon - House Meeting 1:00pm Open Mic	21 Noon Member Meals *NATURAL HISTORY MUSEUM OUTING*	22 1:00pm Understanding and Expressing Your Emotions Practice Group	23 Noon Pool Tournament Member Employee Time Sheets Due
26	27 1:00pm Winter Hygge “Edible Snowflakes”	28 Noon Member Meals	29 1:00pm Party Food Prep 3:00pm Party Decorating \$Member Employee Payday	30 Noon-3:00pm MLK Party, crafts with Carla *Creative Writers and Artists Magazine, Winter Edition, Submission deadline

*For the Most Up-To-Date calendar, check our website or stop in! Daily activities may change based on program needs.
Start saving early this year for our favorite annual big trips: Rogers Flea Market & Gateway Clipper Cruise!

PEOPLES OAKLAND 3433 BATES STREET PITTBURGH PA 15213 MONDAY – FRIDAY 8:30AM-4:00PM
PHONE 412-683-7140 INFORMATON & WEATHER HOTLINE 412-683-7140 x 239 FAX 412-683-7138
WWW.PEOPLESOAKLAND.ORG WWW.FACEBOOK.COM/PEOPLESOAKLAND

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30AM	OPEN Breakfast Club Volunteer Help is appreciated to set-up! <i>*Regular Groups may be cancelled when special activities are on the calendar</i>				
9:00AM	Journal Skills Practice Group	Virtual Travel & Tours Club	Jigsaw Puzzle Club	Adult Continued Learning Club: January – Star Signs February – American Sign Language March – Reading	Current Events Club
10:00AM	Morning Peer Support Open Group	Morning Peer Support Open Group	Morning Peer Support Open Group	Morning Peer Support Open Group	Morning Peer Support Open Group
11:00AM	Workout Club with Jason	Ping Pong Club Or Pool Players Club	Cooking Club	Wii Bowling Club	Dance Club
Noon	Meditations & Affirmations Group	Meditations & Affirmations Group	Member Meals	Meditations & Affirmations Group	Meditations & Affirmations Group 3 rd Fridays, Pool Tournament 4 th Fridays, Party
1:00PM	Arts & Crafts Club Or Yugio Cards Club (must bring your own cards)	1 st – Healing & Healthy Relationships Support Group 2 nd – Seasonal Affective Disorder Support Group 3 rd – Open Mic 4 th – Winter Hygge 5 th – Mystery Scavenger Hunt	Theater Club with Ray	1 st – Social Skills Practice 2 nd – PO Newsletter Production Mtg 3 rd – Understanding & Expressing Your Emotion Skills Practice 4 th – Party Food Prep	Music Appreciation Club
2:00PM	Bingo Club	Bingo Club	Bingo Club	Bingo Club	Bingo Club
3:00PM	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group
3:30PM	Volunteer Help is appreciated to clean-up and prepare for the next day!				
4:00PM	CLOSED				