



MARCH 2026 “Celebrating Women’s History Month With You!”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 1:00pm Painting With Jane	3 1:00pm Healing and Healthy Relationships Support Group	4	5	6 Member Employee Time Sheets Due
9	10 1:00pm Seasonal Affective Disorder Support Group	11	12 1:00pm PO Newsletter Production Mtg \$Member Employee Payday	13
16	17 11- Lunch & Learn “Honoring World Poetry Day/Read Across America Month” with Carnegie Library of Pittsburgh Noon - House Mtg 1:00pm- Open Mic	18	19 1:00pm Understanding and Expressing Your Emotions Practice Group	20 Noon Pool Tournament Member Employee Time Sheets Due
23 1:00pm March Madness 2 nd Round Watch Party *winter season un-decorating, put up spring season decorations	24 Winter Hygge “Leprechaun Salad” *TRAMPOLINE PARK OUTING*	25	26 1:00pm Party Food Prep 3:00pm Party Decorating \$Member Employee Payday	27 Noon-3:00pm St. Patrick’s Day Party, crafts with Carla
30	31 1:00pm March Mystery Scavenger Hunt			

*For the Most Up-To-Date calendar, check our website or stop in! Daily activities may change based on program needs.
Start saving early this year for our favorite annual big trips: Rogers Flea Market & Gateway Clipper Cruise!

PEOPLES OAKLAND 3433 BATES STREET PITTBURGH PA 15213 MONDAY – FRIDAY 8:30AM-4:00PM
PHONE 412-683-7140 INFORMATON & WEATHER HOTLINE 412-683-7140 x 239 FAX 412-683-7138
WWW.PEOPLESOAKLAND.ORG WWW.FACEBOOK.COM/PEOPLESOAKLAND

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30AM	<p>OPEN</p> <p>Breakfast Club Volunteer Help is appreciated to set-up!</p> <p><i>*Regular Groups may be cancelled when special activities are on the calendar</i></p>				
9:00AM	Journal Skills Practice Group	Virtual Travel & Tours Club	Jigsaw Puzzle Club	Adult Continued Learning Club: January – Star Signs February – American Sign Language March – Reading	Current Events Club
10:00AM	Morning Peer Support Open Group	Morning Peer Support Open Group	Morning Peer Support Open Group	Morning Peer Support Open Group	Morning Peer Support Open Group
11:00AM	Workout Club with Jason	Pool Players Club	Ping Pong Club	Wii Bowling Club	Dance Club
Noon	Meditations & Affirmations Group	Meditations & Affirmations Group	Meditations & Affirmations Group	Meditations & Affirmations Group	Meditations & Affirmations Group 3 rd Fridays, Pool Tournament 4 th Fridays, Party
1:00PM	Arts & Crafts Club Or Yugio Cards Club (must bring your own cards)	1 st – Healing & Healthy Relationships Support Group 2 nd – Seasonal Affective Disorder Support Group 3 rd – Open Mic 4 th – Winter Hygge 5 th – Mystery Scavenger Hunt	Theater Club with Ray	1 st – Social Skills Practice 2 nd – PO Newsletter Production Mtg 3 rd – Understanding & Expressing Your Emotion Skills Practice 4 th – Party Food Prep	Music Appreciation Club
2:00PM	Bingo Club	Bingo Club	Bingo Club	Bingo Club	Bingo Club
3:00PM	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group	Afternoon Peer Support Open Group
3:30PM	volunteer Help is appreciated to clean-up and prepare for the next day!				
4:00PM	CLOSED				