



Cultivating a Culture of Love

HOPE • INTEGRITY • RESPECT • EMPATHY • HUMILITY

APRIL 2026: Celebrating Earth Day With You!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Wear Teal for Sexual Abuse Survivor's Awareness Month Day	2 Noon - Pitt Nursing Students Visiting	3 Center Clean-Up Day, All Helping Hands Needed! Pittsburgh Pirates Baseball Home Opener Watch Party Member Employee Time Sheets Due
6 Closed Easter Monday	7 Noon – Women's Group	8 10:00 – Carlow Nursing Student Wellness Presentation	9 Noon - Pitt Nursing Students Visiting \$Member Employee Payday	10 Noon - Celebration of Diversity Awareness Month Activity
13 Deck Garden Clean-Up/Prep for Planting Day	14 Noon - Celebration of International Moment of Laughter Day Activity	15 OUTING: Thrift Store "Poppin' Tags"	16 Noon – Pitt Nursing Students Visiting	17 Noon - Pool Tournament Member Employee Time Sheets Due
20 Celebration of Earth Day Awareness Activity, Deck Garden Flower/Vegetable/Herbs Planting Day 	21 Noon - House Mtg, Peer Recognition of demonstrated Core Values Intern Celebration 1:00pm - Open Mic 	22 Noon – Men's Group	23 Noon – Pitt Nursing Students Visiting 1:00pm Party Food Prep 3:00pm Party Decorating \$Member Employee Payday	24 Noon – 3:00pm Spring Fling Party, crafts with Carla Interns Last Day
27 11:00am Monthly Monday Morning Movie Club, "Titanic"	28 OUTING: Indoor Rock Climbing	29 Noon - Celebration of Autism Acceptance Awareness Month Activity	30 Peoples VOICE Art & Poetry Magazine Submissions Deadline Noon - Celebration of National Honesty Day Awareness Activity	

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 AM	OPEN <i>Breakfast Club Volunteer Help is appreciated to set-up!</i>				
9:00 AM	Peer Socialization	Peer Socialization	Peer Socialization	Peer Socialization	Peer Socialization
10:00 AM	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group
11:00 AM	Work-Out Club w/ Jason	Walking Club	Ping Pong Club	Deck & Stretch Club	Dance Club w/ Jason
Noon	Try a snack at our affordable Snack Shack, enjoy lunch in the sun on our deck, or take your lunch to the grass across the street for a picnic in the park with friends!				
1:00 PM	Music & Crafts Club	Healing & Healthy Relationships Group	Theater Club w/Ray	Zoom Connections Group	Fun & Games Club
2:00 PM	Bingo	Bingo	Bingo	Bingo	Bingo
3:00 PM	Snack & Chat Group	Snack & Chat Group	Snack & Chat Group	Snack & Chat Group	Snack & Chat Group
3:30 PM	<i>Volunteer Help is appreciated to clean-up and prepare for the next day!</i>				
4:00 PM	CLOSED				

**Regular Groups may be cancelled when special activities are on the calendar*

Peer Support Group - Checking in with supportive people, sharing what's going on for you today; what you're excited about & celebrating, working on and planning, stressed about & need support

Better Health Opportunities – Our fitness center is open all day, and there is always someone here to join you

Healing & Healthy Relationships Group – Staff/Intern led; caring exploration of childhood and early life experiences and how they relate to social patterns as adults, and support in setting healthy boundaries

Zoom Connections Group – Jump online and meet & greet with each other in introductions, ice breakers, and casual conversation with friendly people to help break down feeling isolated and alone

Fun & Games Club – Take a break from stress and enjoy friendly FOR FUN games like: corn hole, bean bag toss, frisbee, badminton, mini-bowling, charades, group Uno, group Monopoly... and more

Pop-Up Activities – Based on attendance & interest, on any given day at any given time we could be doing things like: line dancing, cooking, baking, karaoke, trivia, family feud, cheerleading with Dom... and more

Break Out Groups – During the day, anything can be a trigger for anyone, and we will offer supportive processing & guidance as needed individually or in groups

Snack & Chat – Staff/Intern led; everyone is tired at the end of the day, and needs a little something extra: we'll examine how the day went, celebrate your accomplishments, plan for support you need for going home

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Weather & Emergency Closure Hotline #412-683-7140 X 239

Social Rehabilitation Program Information & Support Needs #412-683-7140 X 233

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