


Cultivating a Culture of Love

HOPE • INTEGRITY • RESPECT • EMPATHY • HUMILITY

JUNE 2026: Celebrating Juneteenth Jubilee With You!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Noon – Celebrating National Say Something Nice Awareness Day Activity	2 Noon – Women’s Group	3	4 Noon - Celebrating Hug Your Cat Awareness Day Activity \$Member Employee Payday	5 Center Clean-Up Day, All Helping Hands Needed! Noon – Make-Up Pool Tournament from May
8 Noon – Celebrating Post Traumatic Stress Disorder Awareness Month Activity	9	10 OUTING: Strip District Exploration Walking Tour	11	12 Noon - Pool Tournament Member Employee Time Sheets Due
15 Noon – Celebrating Nature Photography Awareness Day Activity	16 Noon - House Mtg Peer Recognition of demonstrated Core Values 1:00pm - Open Mic 	17	18 \$Member Employee Payday	19 Closed Juneteenth
22	23 OUTING: Randy Land	24 Noon – Men’s Group	25 DAY OF SELF-DISCOVERY 1:00pm - Party Food Prep 3:00pm - Party Decorating	26 Noon-3:00pm Pridefest Party, crafts with Carla Member Employee Time Sheets Due
29 Monthly Monday Morning Movie Marathon Club, “The Birdcage” & “The Help”	30 Noon – Celebration of National OOTD Awareness Day Activity (‘if you know, you know’)	Upcoming Dates To Look Forward To: July 9th , Rogers Flea Market Trip Meeting, Mandatory, all \$\$ due. July 10th , Rogers Flea Market Trip September 16th , Gateway Clipper Boat Cruise		

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 AM	OPEN <i>Breakfast Club Volunteer Help is appreciated to set-up!</i>				
9:00 AM	Peer Socialization	Peer Socialization	Peer Socialization	Peer Socialization	Peer Socialization
10:00 AM	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group	Peer Support Group
11:00 AM	Work-Out Club w/ Jason	Walking Club	Ping Pong Club	Deck & Stretch Club	Dance Club w/ Jason
Noon	Try a snack at our affordable Snack Shack, enjoy lunch in the sun on our deck, or take your lunch to the grass across the street for a picnic in the park with friends!				
1:00 PM	Music & Crafts Club	Healing & Healthy Relationships Group	Theater Club w/Ray	Zoom Connections Group	Fun & Games Club
2:00 PM	Bingo	Bingo	Bingo	Bingo	Bingo
3:00 PM	Snack & Chat Group	Snack & Chat Group	Snack & Chat Group	Snack & Chat Group	Snack & Chat Group
3:30 PM	<i>Volunteer Help is appreciated to clean-up and prepare for the next day!</i>				
4:00 PM	CLOSED				

**Regular Groups may be cancelled when special activities are on the calendar*

Peer Support Group - Checking in with supportive people, sharing what's going on for you today; what you're excited about & celebrating, working on and planning, stressed about & need support

Better Health Opportunities – Our fitness center is open all day, and there is always someone here to join you

Healing & Healthy Relationships Group – Staff/Intern led; caring exploration of childhood and early life experiences and how they relate to social patterns as adults, and support in setting healthy boundaries

Zoom Connections Group – Jump online and meet & greet with each other in introductions, ice breakers, and casual conversation with friendly people to help break down feeling isolated and alone

Fun & Games Club – Take a break from stress and enjoy friendly FOR FUN games like: corn hole, bean bag toss, frisbee, badminton, mini-bowling, charades, group Uno, group Monopoly... and more

Pop-Up Activities – Based on attendance & interest, on any given day at any given time we could be doing things like: line dancing, cooking, baking, karaoke, trivia, family feud, cheerleading with Dom... and more

Break Out Groups – During the day, anything can be a trigger for anyone, and we will offer supportive processing & guidance as needed individually or in groups

Snack & Chat – Staff/Intern led; everyone is tired at the end of the day, and needs a little something extra: we'll examine how the day went, celebrate your accomplishments, plan for support you need for going home

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Weather & Emergency Closure Hotline #412-683-7140 X 239

Social Rehabilitation Program Information & Support Needs #412-683-7140 X 233

Web address: www.peoplesoakland.org www.facebook.com/peoplesoakland

ZOOM * CONNECTIONS * GROUP



Jump online & meet with each other! Participate in introductions, ice breakers, and conversation with other members to help break the feelings of isolation.

WHEN: THURSDAYS @ 1:00PM

**WHERE: use the zoom link
(copy & paste):**

<https://us02web.zoom.us/j/83386550562>

Meeting ID: 833 8655 0562

Come join & connect!



June Outings

Outing: Strip district walking tour 6/10

Staff: Josh

Leave time: 11AM

Return time: 1PM

Price: Bring money for food if you wish to get lunch

Outing: Randy Land 6/23

Staff: Brayden

Leave time: 11AM

Return time 12:30PM

Price: Free entry