

AUGUST 2026 “Celebrating National Wellness Month With You!”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Engagement Board Re-design throughout the day Noon Member Panels Open Invitational, with Ray and Andrea	4 Monthly Men’s Group, with Justin	5	6 Outing: North Park Kayaking, with Joel	7 Member Employee Time Sheets Due
10 1:00pm Karaoke Klub, with Keerthana	11 11:00am Monthly Women’s Group, with Chloe	12	13 Outing: Wave Pool, with Andrea *closed trip, re-scheduled from July \$Member Employee Payday	14 Noon Pool Tournament
17 Outing: Lake Erie Presque Isle Beach, with Alli and Joel 11:00am Monthly Monday Morning Movie Club “Shrek”	18 Noon House Mtg 1:00pm Open Mic	19	20 Member Employee Time Sheets Due	21 CLOSED: Staff Mandatory Training Day
24	25 Outing: Kniess’s Miniature Golfing, with Brayden	26 9:00am Monthly Member Fundraising Group Project, with Julia	27 1:00pm Party Food Prep & Decorating throughout the day \$Member Employee Payday	28 Noon-3:00 pm Ice Cream Social Party, crafts with Carla
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8:30AM	OPEN Breakfast Club Volunteer Help is appreciated to set-up! <i>*Regular Groups may be cancelled when special activities are on the calendar</i>				
9:00AM	TV Gameshow Club				
10:00AM	Morning Peer Support, Open Discussion Group				
11:00AM	Creative Writing Group, with Xander	Workout Club, with Jason	Meditation & Affirmations Group	Deck & Stretch, with Jason	Arts & Crafts Club, with Rita
Noon	Open hour for Lunch				
1:00PM	Music Lovers Club, With Keerthana	Psych Rehab Only Group: Living Skills, with Taylor	Psych Rehab Only Group: Social Skills, with Lauren & Ariel	Psych Rehab Only Group: Emotions, with Keerthana	Fun & Games Club, with Gryffon
2:00PM	Bingo Club				
3:00PM	Afternoon Peer Support, Open Discussion Group				
3:30PM	Volunteer Help is appreciated to clean-up and prepare for the next day!				
4:00PM	CLOSED				

Our new Psychiatric Rehabilitation Services are in full-swing, and we are offering both on-site and community-based supports with an individually assigned professional and personal goal plan! We are asking everyone to complete our new referral form to be able to take advantage of all the program benefits. Please let us know if you have questions and if we can help to have your PCP or Treatment Team to complete the form.

If you need any assistance learning about, applying for, or understanding the new regulations for these important benefits, we can schedule you an appointment with our Programs & Resource Coordinator, Joel Heiney.

SUPPLEMENTAL SECURITY INCOME -

<https://www.ssa.gov/ssi/text-work-ussi.htm>

MEDICAID -

<https://www.pa.gov/agencies/dhs/resources/medicaid/medicaid-changes>

SNAP -

<https://www.pa.gov/agencies/dhs/resources/snap/snap-work-requirements-abawds>

UNITED WAY / 211 SUMMER ASSISTANCE -

<https://southwest.pa211.org/summer-resources/>

August 2026 Program Outings

Thursday August 6, Joel

North Park, Venture Outdoors Kayaking
12:30pm – 2:00pm
\$\$25.00-50.00 depending on boat rental

***ONLINE LIABILITY FORMS NEED TO BE COMPLETED PRIOR TO RENTAL**

Clothes that can get wet/swimsuit, towel, sunscreen
\$\$ for boat rental

Thursday August 13, Andrea

Settler's Cabin Wave Pool
11:00am – 3:00pm
Swimsuit, towel, sunscreen
\$10.00 admission
\$\$ for concessions stand snacks/drinks
(outside food/drinks are NOT permitted)
\$\$ for innertube rental, locker rental

Monday August 17, Alli & Joel

Lake Erie Presque Isle Beach
9:00am – 5 :00pm (time will depend on group, weather, other variables)
Swimsuit, towel, sunscreen
\$\$ Concession Stand, Dinner at Sheetz on the road

Tuesday August 25, Brayden

Kniess Miniature Golf
11:00am – 2:00pm
1st Round: \$7.00
CASH ONLY PLEASE!
Comfortable clothes & shoes for walking, sunscreen
\$\$ for golf

Looking Ahead:

Thursday September 3, Joel

Pittsburgh Pirates Baseball Game
*Dollar Dog Day!
(We have 10 free tickets)
11:45am – 3:30pm
Dress for the weather, hat, sunscreen
\$\$ for food, merchandise, miscellaneous

Friday September 11, Joel

Pittsburgh Zoo & PPG Aquarium
9:00am – Noon
Comfortable clothes for the weather, walking shoes
\$30.00 admission
\$\$ for concessions stand snacks/drinks
*we are looking into discounts for our group!

Wednesday September 16, Wilma

Gateway Clipper Jazz & Buffet Boat Cruise
11:00am – 2:00pm
*see flyer for all details
\$60.74; only money orders to PO accepted

Tuesday September 29, Brayden

Page's Ice Cream Shop
Noon
\$\$ for ice cream treats



Three Rivers Jazz Lunch Cruise

Wednesday, September 16, 2026

COST: \$60.74

Only Money Orders to

Peoples Oakland will be accepted

Boards: 11:15 am

Sails: 12:00 pm - 2:00 pm

Entertainment: Live Entertainment

- Our friendly photo team will capture a boarding picture of your group- you can purchase. We are suggesting DRESSY CASUAL attire.

NO CASH ON BOARD – Credit/Debit cards, Google Pay and Apple Pay only

Buffet Lunch - will be available upon boarding, please help yourself. The food will remain available for 30 minutes after sailing. A Full-Service Bar is Available to purchase non-alcoholic drinks*.

- Sweet Glazed BBQ Pork Sliders
- Southern Fried Chicken (bone-in)
 - Classic Red beans and Rice
 - Garlic and Butter Roasted Red skin Potatoes
- Sweet Corn with fire roasted peppers and onions
- House Made Mixed Greens Blended with Tomatoes, Cucumbers, Carrots, Chickpeas, Cheddar Cheese, and Croutons
- Served with Buttermilk Ranch and Italian Vinaigrette
 - Corn Bread
 - Lemon Cake

***Peoples Oakland Members Only event, we kindly ask that everyone in our group refrain from alcohol.**