

SEPTEMBER 2026 “Celebrating National Suicide Prevention & Substance Abuse Recovery Month With You!”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Engagement Board Re-design throughout the day Fall Decorations Day	2	3 Outing: Pittsburgh Pirates Baseball Game	4 Member Employee Time Sheets Due
7 Closed Labor Day	8	9 Deadline for Money Order to PO for Gateway Clipper \$60.74	10 \$Member Employee Payday	11 Outing: Pittsburgh Zoo & PPG Aquarium
14 1:00pm Monthly Karaoke Klub	15 Noon Planning Group for a Winter Fashion Show, in collaboration with Theater Group	16 Outing: Gateway Clipper Jazz & Buffet Boat Cruise (closed trip) *be at dock by 10:30am	17 Closed Mandatory Staff Training	18 Noon Pool Tournament Member Employee Time Sheets Due
21 11:00am Monthly Monday Morning Movie Club	22  11:00am House Mtg *Special Awareness Presentation 😊 Noon Open Mic	23 9:30am Monthly Member Fundraising Group Project 10:00am Carlow Nursing Student to interview Members for planning presentation	24 1:00pm Party Food Prep & Decorating throughout the day \$Member Employee Payday	25 Noon-3:00pm Homecoming Dance Party, crafts with Carla
28	29 Outing: Page's Ice Cream Shop	30	*LOOKING AHEAD... Friday October 2, annual PO Benefit Event (we may be closed or close early, tbd) Wednesday October 21, Carlow Nursing Students return Monday October 26, Spaghetti Dinner Fundraiser Friday October 30, Deadline for Fall Magazine submissions	

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8:30AM	OPEN Breakfast Club Volunteer Help is appreciated to set-up! <i>*Regular Groups may be cancelled when special activities are on the calendar</i>				
9:00AM	TV Gameshow Club				
10:00AM	Morning Peer Support, Open Discussion Group				
11:00AM	Meditation & Affirmations Group	Workout Club	Creative Writing Group	Deck & Stretch	Arts & Crafts Club
Noon	Open hour for Lunch				
1:00PM	Music Lovers Club	Psych Rehab Only Group: Healthy Habits	Psych Rehab Only Group: Social Skills	Psych Rehab Only Group: Emotions	Fun & Games Club
2:00PM	Bingo Club				
3:00PM	Afternoon Peer Support, Open Discussion Group				
3:30PM	Volunteer Help is appreciated to clean-up and prepare for the next day!				
4:00PM	CLOSED				

Our new Psychiatric Rehabilitation Services are in full-swing, and we are offering both on-site and community-based supports with an individually assigned professional and personal goal plan! We are asking everyone to complete our new referral form to be able to take advantage of all the program benefits. Please let us know if you have questions and if we can help to have your PCP or Treatment Team to complete the form.

September 2026 Outings:

Thursday September 3, Joel

Pittsburgh Pirates Baseball Game

*Dollar Dog Day!

(We have 10 free tickets)

11:45am – 3:30pm

Dress for the weather, hat, sunscreen

\$\$ for food, merchandise, miscellaneous

Tuesday September 8, Brayden *Re-scheduled from August

Kniess Miniature Golf

11:00am – 2:00pm

1st Round: \$7.00

CASH ONLY PLEASE!

Comfortable clothes & shoes for walking, sunscreen

\$\$ for golf

Friday September 11, Joel

Pittsburgh Zoo & PPG Aquarium

9:00am – Noon

Comfortable clothes for the weather, walking shoes

FREE admission

\$\$ for concessions stand snacks/drinks

Wednesday September 16, Wilma

Gateway Clipper Jazz & Buffet Boat Cruise

11:00am – 2:00pm

*see flyer for all details

\$60.74; only money orders to PO accepted deadline 9/9/2026

Be at dock by 10:30am

Tuesday September 29, Brayden

Page's Ice Cream Shop

Noon

\$\$ for ice cream treats